

REIKI RESEARCH

This list was organized by the [Reiki Share Project](#), a non-profit organization whose mission is to develop Reiki programs for individuals and their families primarily in the healthcare setting. The information listed here is current, useful, thoroughly investigated and carefully selected. We wish to thank Jane Van de Velde, President of the Reiki Share Project, for allowing us to share it.

CURRENT RESEARCH

Baldwin, A., Vitale, A., et al. Effects of Reiki on pain, anxiety, and blood pressure in patients undergoing knee replacement: a pilot study. *Holistic Nursing Practice*, 2017, Vol 31(2): 80-89.

[Abstract](#)

Chen, Y, Petrinic, A, et al. Home-based Reiki by informal caregivers. *Holistic Nursing Practice*, 2021, 00(00): 1-13. DOI: 10.1097/hnp.0000000000000450. PMID: 34029232.

[Article](#)

Díaz-Rodríguez L, et al. Immediate effects of reiki on heart rate variability, cortisol levels, and body temperature in health care professionals with burnout. *Biological Research in Nursing*, 2011, Vol 13(4): 376-82.

[Article](#)

Dyer, N., Baldwin, A., Rand, W., *A large-scale effectiveness trial of Reiki for physical and psychological health*. *Journal of Alternative & Complementary Medicine*, 2019, Vol 25(12):1156–62.

[Article](#)

Erdogan, Z., Cinar, S. The effect of Reiki on depression in elderly people living in nursing home. *Indian Journal of Traditional Knowledge*, 2016, Vol 15(1): 35-40.

[Article](#)

Fleisher, , K.A., Mackenzie, E.R., Frankel, E.S., et al. Integrative Reiki for cancer patients: a program evaluation. *Integrative Cancer Therapies*, 2014, Vol. 13(1): 62-67.

[Abstract](#)

Friedman, R.S., Matthew M. Burg,M., Miles, P., Lee, F., & Lampert, R. Effects of Reiki on autonomic activity early after acute coronary syndrome. *Jour Am Coll Cardiol*, 2010, Vol. 56: 995-996.

[Abstract](#)

Hailey K., et al. Feasibility and effect of Reiki on the physiology and self-perceived stress of nurses in a large US hospital. *Holistic Nursing Practice*, 2021 Jul. DOI: 10.1097/hnp.0000000000000475. PMID: 34293753.

[Abstract](#)

Midilli, T., Gunduzoglu, N. Effects of Reiki on pain and vital signs when applied to the incision area of the body after Caesarean section surgery. *Holistic Nursing Practice*, 2016, Vol 30(6): 368-378.

[Abstract](#)

Notte, B., Fazzini, C. & Mooney, R. Reiki's effect on patient with total knee arthroplasty: a pilot study. *Nursing*, 2016, Vol. 46(2): 17-23.

[Abstract](#)

Radziewicz, R., et al. Safety of Reiki therapy for newborns at risk for neonatal abstinence syndrome. *Holistic Nursing Practice*, 2018, Vol 32(2): 63–70.

[Article](#)

Richeson, N. E., Spross, J.A., Lutz, K., & Peng, C. Effects of Reiki on anxiety, depression, pain, and physiological factors in community-dwelling older adults. *Research in Gerontological Nursing*, 2010, Vol. 3 (3): 187-199.

[Article](#)

Yuce, U, Tasci, S. Effect of Reiki on the stress levels of caregivers of patients with cancer; qualitative and single blinded, randomized controlled trial. *Complementary Therapies in Medicine*, 2021, Vol. 58: 1-8.

[Article](#)

OTHER ARTICLES

Anderson, D., et al. Building a Reiki and Healing Touch volunteer program at an academic medical center. *Advances in Integrative Medicine*, 2017, Vol 4(2): 74–79.

[Abstract](#)

Hahn, J., Reilly, P., Buchanan, T. Development of a hospital Reiki training program: training volunteers to provide Reiki to patients, families, and staff in the acute care setting. *Dimensions of Critical Care Nursing*, 2014, Vol.33 (1): 15-21.

[Abstract](#)

Lipinski, K., Van De Velde J. Reiki: defining a healing practice for nursing. *Nursing Clinics of North America*, 2020, Vol 55 (4): 521–536.

[Download PDF](#)

Lipinski, K., Van De Velde, J., Reiki, nursing, and health care. *Nursing Clinics of North America*, 2020, Vol 55 (4): 505–519.

[Download PDF](#)

Van De Velde, J. Key elements in creating a Reiki nonprofit. *Reiki News Magazine*, 2014, Vol. 13(3): 52-57.

[Download the PDF](#)

Van De Velde, J. Reiki in a cancer center. *Reiki News Magazine*, 2012, Vol. 11(1): 27-31.

[Download the PDF](#)

Vitale, A. Nurses' lived experience of Reiki for self-care. *Holistic Nursing Practice*, 2009, 23(3): 129-145.

[Abstract](#)

Reiki research – Moonstone Sanctuary – www.moonstonesanctuary.com

Vitale, A. Initiating a Reiki or CAM program in a healthcare organization—developing a business plan. *Holistic Nursing Practice*, 2014, 28(6): 376-380.

Abstract